**Choose One Paragraph (Email, Facebook)**

Arthur Schopenhauer, German philosopher, said: “Health is not everything, but without health, everything is nothing.” We could say the same for personal energy. So personal energy—life force—should be a priority in everyone's life. Without energy, you cannot accomplish anything. But do you know how to maintain or build your level of personal energy? You can learn a lot about that by reading [Janez Hudovernik’s](https://www.amazon.com/Janez-Hudovernik/e/B09B3FM19N/ref%3Ddp_byline_cont_pop_book_1) book, [*Successful Under Pressure*](https://www.amazon.com/Successful-Under-Pressure-Techniques-Increasing/dp/B09B2Z9Z42/ref%3Dtmm_pap_swatch_0?_encoding=UTF8&qid=&sr=). The book’s content showed me a new path I can follow towards energy management and resiliency. Start improving your resiliency and stress management techniques by clicking on the following link: <https://www.amazon.com/dp/B09B2Z9Z42/>

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Wow! The book [*Successful Under Pressure*](https://www.successfulunderpressurebook.com/) is totally mind-blowing! I’m really amazed by the impact this book is having on my life! I strongly recommend [Janez Hudovernik’s](https://www.amazon.com/Janez-Hudovernik/e/B09B3FM19N/ref%3Ddp_byline_cont_pop_book_1) book if you want to perform well when under pressure. It totally changed my mind on how I perceive stress and resiliency and what I can do to thrive even when things get tough. You won’t regret it! Check it out: <https://www.amazon.com/dp/B09B2Z9Z42/>

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The book [*Successful Under Pressure*](https://www.successfulunderpressurebook.com/) is a manifesto to performing when things get tough and what that really means. One of the handiest parts of the book is the way in which Janez explains a better way of visualization with the use of the WOOP model. This book gave me a new insight and a new tool on how to optimize my visualization! Choose success by clicking the following link: <https://www.amazon.com/dp/B09B2Z9Z42/>

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We are creatures of habits. Once established, they govern our life. On the other hand, we have a hard time trying to change our lifestyle and develop new habits. But there are proven techniques you can start implementing into your lives. For example, in his book, *Successful Under Pressure*, [Janez Hudovernik](https://www.amazon.com/Janez-Hudovernik/e/B09B3FM19N/ref%3Ddp_byline_cont_pop_book_1) is talking about ten proven strategies that can help you build new [habits](https://www.successfulunderpressurebook.com/). One of them—habit stacking—has already brought me wonderful results. [#newbook](https://www.linkedin.com/feed/hashtag/?keywords=newbook&highlightedUpdateUrns=urn%3Ali%3Aactivity%3A6824282570801352705) [#successfulunderpressure](https://www.linkedin.com/feed/hashtag/?keywords=successfulunderpressure&highlightedUpdateUrns=urn%3Ali%3Aactivity%3A6824282570801352705) [#oxygenadvantege](https://www.linkedin.com/feed/hashtag/?keywords=oxygenadvantege&highlightedUpdateUrns=urn%3Ali%3Aactivity%3A6824282570801352705) [#highperformance](https://www.linkedin.com/feed/hashtag/?keywords=highperformance&highlightedUpdateUrns=urn%3Ali%3Aactivity%3A6824282570801352705) [#mindset](https://www.linkedin.com/feed/hashtag/?keywords=mindset&highlightedUpdateUrns=urn%3Ali%3Aactivity%3A6824282570801352705)

As an experienced high-performance/life coach, I have witnessed along my career many popular and unsuccessful interventions that unfortunately end up causing more harm than good, but I found an exception. I recently read the book [*Successful Under Pressure*](https://www.successfulunderpressurebook.com/) by Janez Hudovernik, and I was deeply impressed at how he assembled and presented so many good practical tools for life management in one book. I can assure you that when using these tools, you will become more resilient, manage stress better, and perform better when the stakes are high! To learn more about high-performance tools, order your copy at <https://www.amazon.com/dp/B09B2Z9Z42/>

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It is important to understand that we are all a work in progress. That is why we need tools to work better and more efficiently. What tools do you use to become a better version of yourself? If you need some motivation or ideas on what you can do and what tools to use, read the book [*Successful Under Pressure*](https://www.successfulunderpressurebook.com/)! Janez Hudovernik shares with you fifty-two time-tested, proven tools of Titans. Don’t hesitate, take the first step and order Janez’s book at <https://www.amazon.com/dp/B09B2Z9Z42/>

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When do you use tools? When you have to do something and, with the right tools, you do it better—faster and more efficiently. Just think about digging a well with your bare hands. It would take days.

We are all a work in progress. We are never finished. That is why we better use tools to make the work easier. What do we mean by tools? Tools are practices, simple techniques, or strategies that help you act better. And this is important—they help you act better. Gary Craig, founder of the energy technique EFT, said, “You do not need to believe, just do the tapping.” This is worth repeating. You do not need to believe in the tools—you just need to use them. And using them enables you to fulfill your potential.

In the book [*Successful Under Pressure*](https://www.successfulunderpressurebook.com/), you will find a whole arsenal of such tools. They are time-tested, and they have been and will be used by those we call Titans—superachievers. Now you can use them as well. You can use them whenever you find yourself stuck, without energy, defeated, under stress … and they will help you bounce back quicker. But you can use them as well to prepare yourself to be the best when you have to perform—when there is an important job in front of you. Just use them when you need them! Grab a copy of the book and start using them: <https://www.amazon.com/dp/B09B2Z9Z42/>

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In [*Successful Under Pressure*](https://www.successfulunderpressurebook.com/)*,* Janez shows that success under pressure isn’t an accident reserved for a few lucky people. It’s a mind/body state that anyone can attain using the tools and strategies in the book. Get your copy here today and enjoy additional benefits. <https://www.successfulunderpressurebook.com/>

Discover how you can thrive even when the pressure is high. My friend and high-performance coach [Janez Hudovernik](https://www.amazon.com/Janez-Hudovernik/e/B09B3FM19N/ref%3Ddp_byline_cont_pop_book_1), in his newest book [*Successful Under Pressure*](https://www.successfulunderpressurebook.com/)*,* presents outstanding time-tested and proven strategies to be the best when it matters most.

Janez’s book [*Successful Under Pressure*](https://www.successfulunderpressurebook.com/) is available to the general public on Amazon.

Not sure yet, check a free e-book: Successful Under pressure: 7 strategies to be your best when it matters most: <https://www.successfulunderpressurebook.com/>

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*Successful Under Pressure*. The first readers have written great reviews. See some of them at <https://www.successfulunderpressurebook.com/>

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Ready to take control of your life and be successful in the most challenging of times? High-performance coach Janez Hudovernik shares how. <https://www.successfulunderpressurebook.com/>

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*Successful Under Pressure* offers you a toolbox you will need if you want to be a high performer. Just one caveat—you will have to use the tools long after you finish reading the book. In fact, for the rest of your life, if you want to thrive. <https://www.successfulunderpressurebook.com/>

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